



Walkability Action Institute
Duluth Team

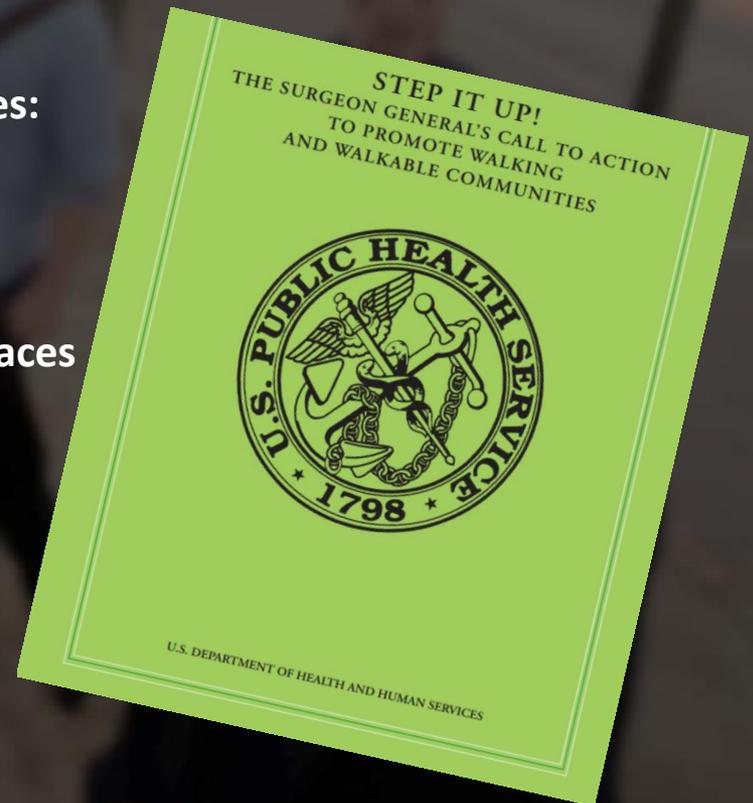
Surgeon General's – Step it Up

Transportation, Land Use & Community Design

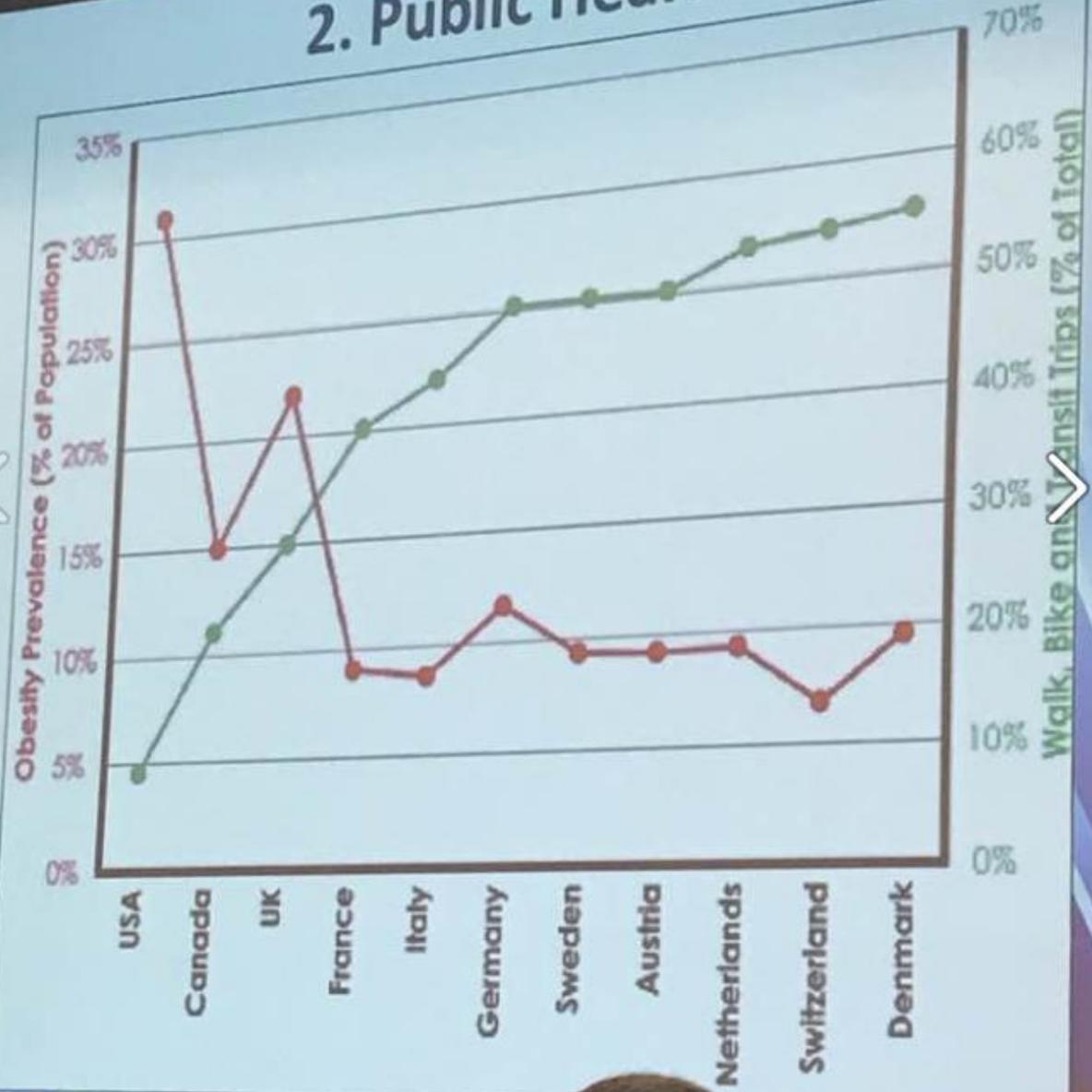
Communities have the power to increase opportunities for walking and improve the pedestrian experience by designing and maintaining communities and streets to make them safe and accessible for people of all ages and abilities.

Strategies to promote walking & walkable communities:

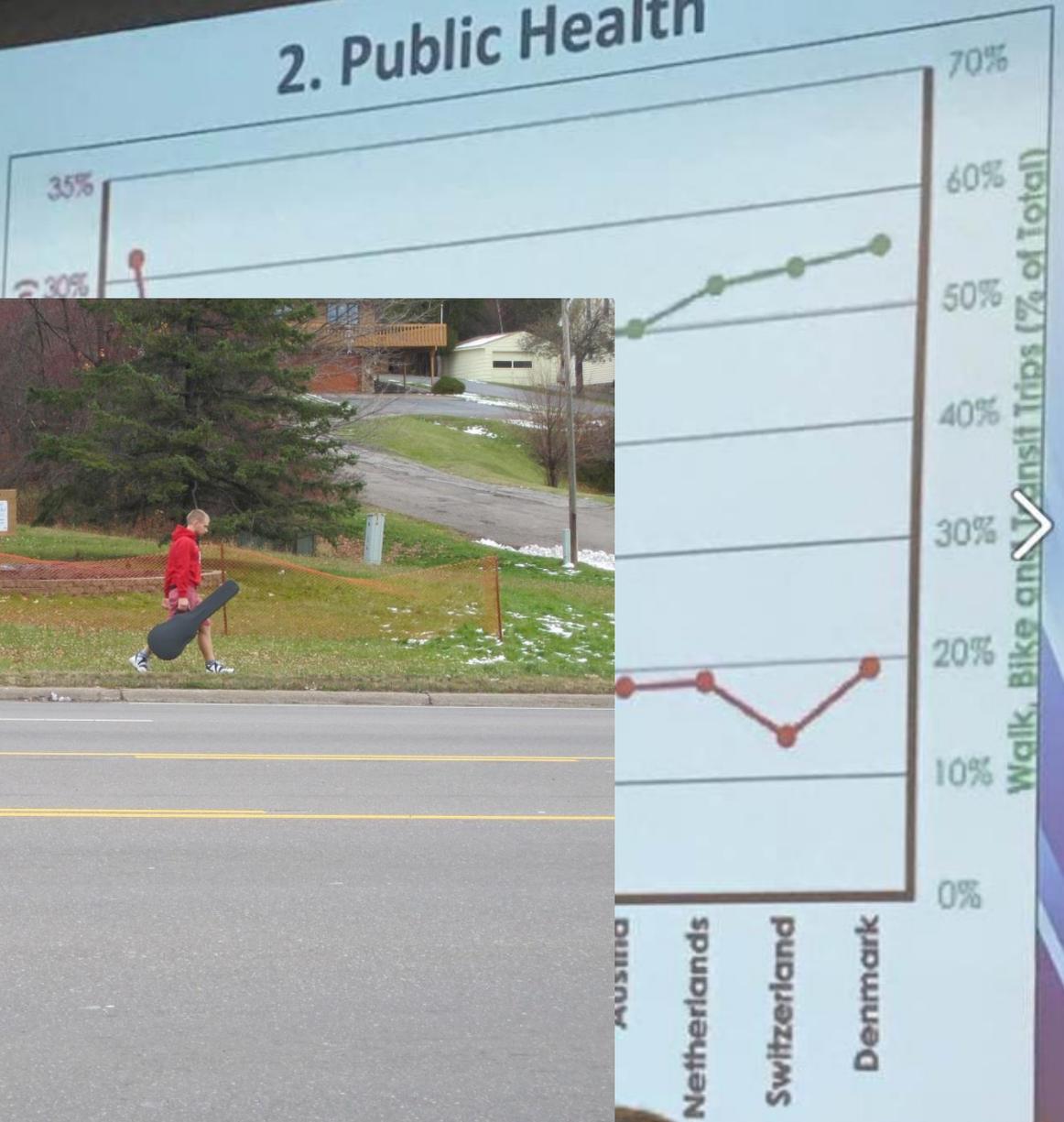
- Design and maintain streets and sidewalks so that walking is safe and easy.
- Design communities that support safe and easy places for people to walk.
- Promote community programs and policies that make it safe and easy for residents to walk.



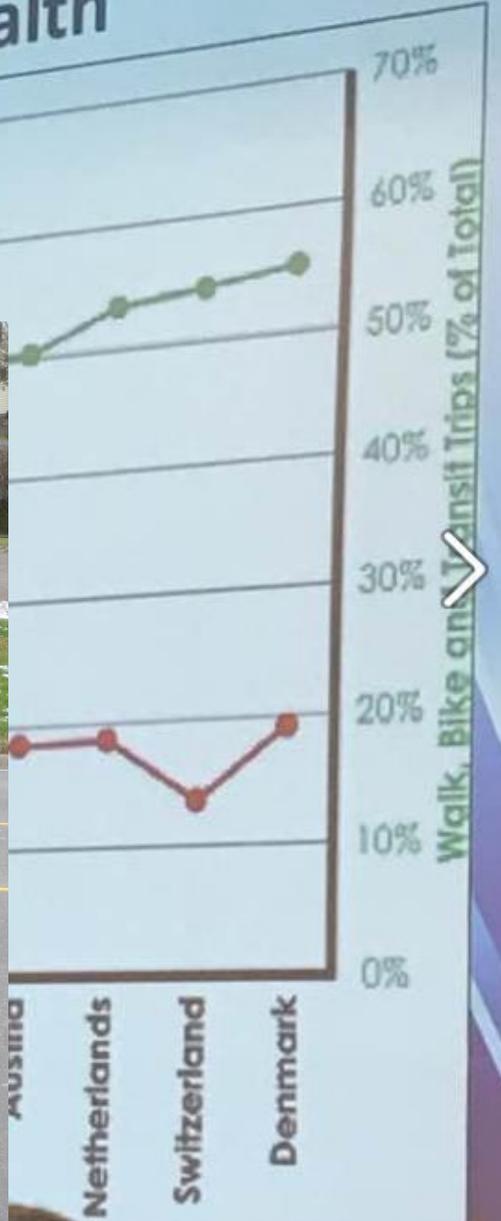
2. Public Health



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Biggest Impact on Health

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- A photograph of a vibrant, multi-colored mural on a wall. In the foreground, a man in a blue shirt plays an acoustic guitar. Next to him, a woman in a purple top plays a saxophone. Other people are gathered around, some looking at a smartphone. A bicycle is parked against the wall. In the background, a paved path leads away, with a person walking and a cyclist in the foreground. The scene is set outdoors under a clear blue sky.
1. Physical & Social Environment
 2. Lifestyle & Health Behaviors
 3. Healthcare
 4. Genetics

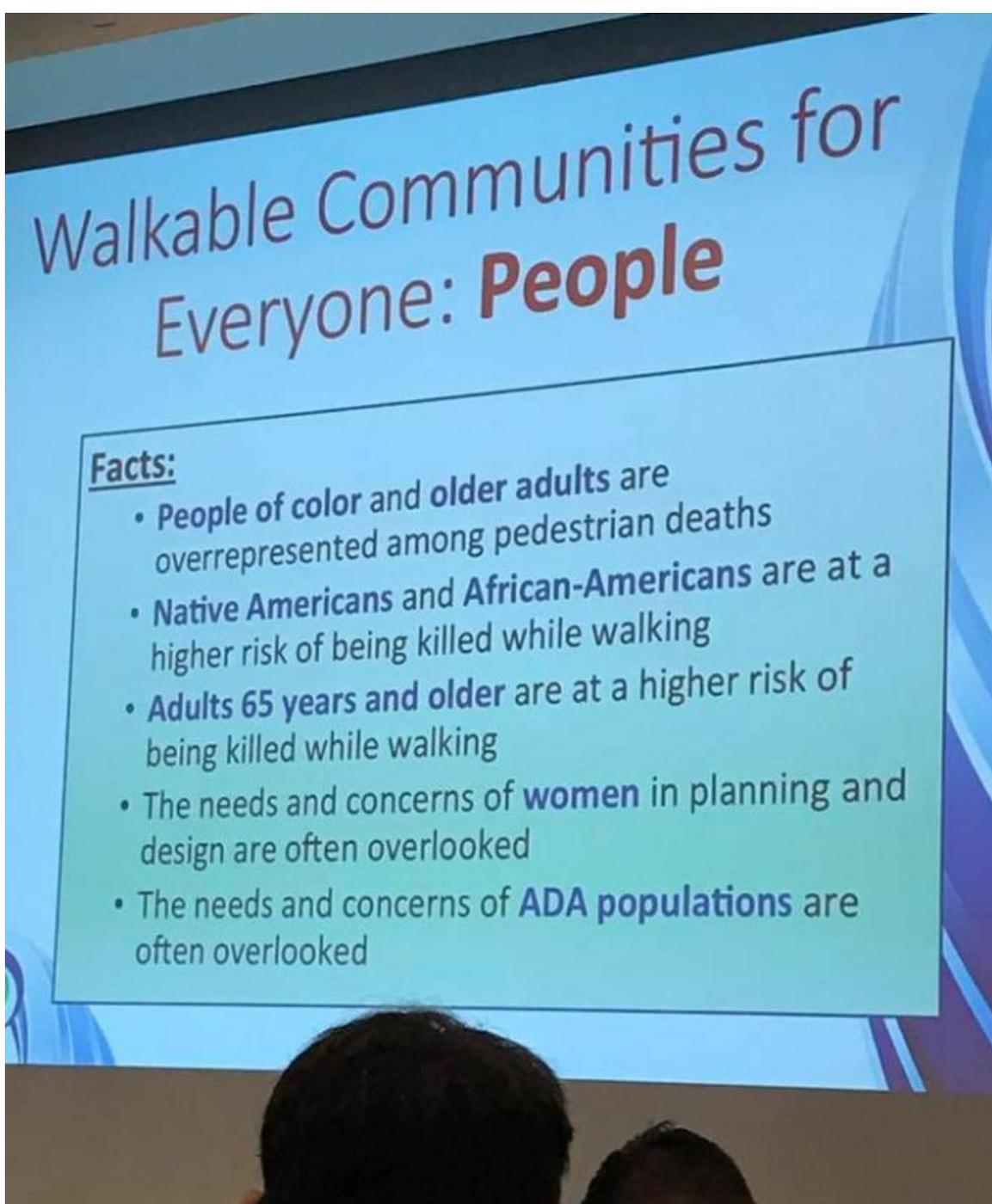
Cities & Streets

- Traditional Measures (3500 BC to 1950 AD)
- Modern Conventional Measures (post 1950)



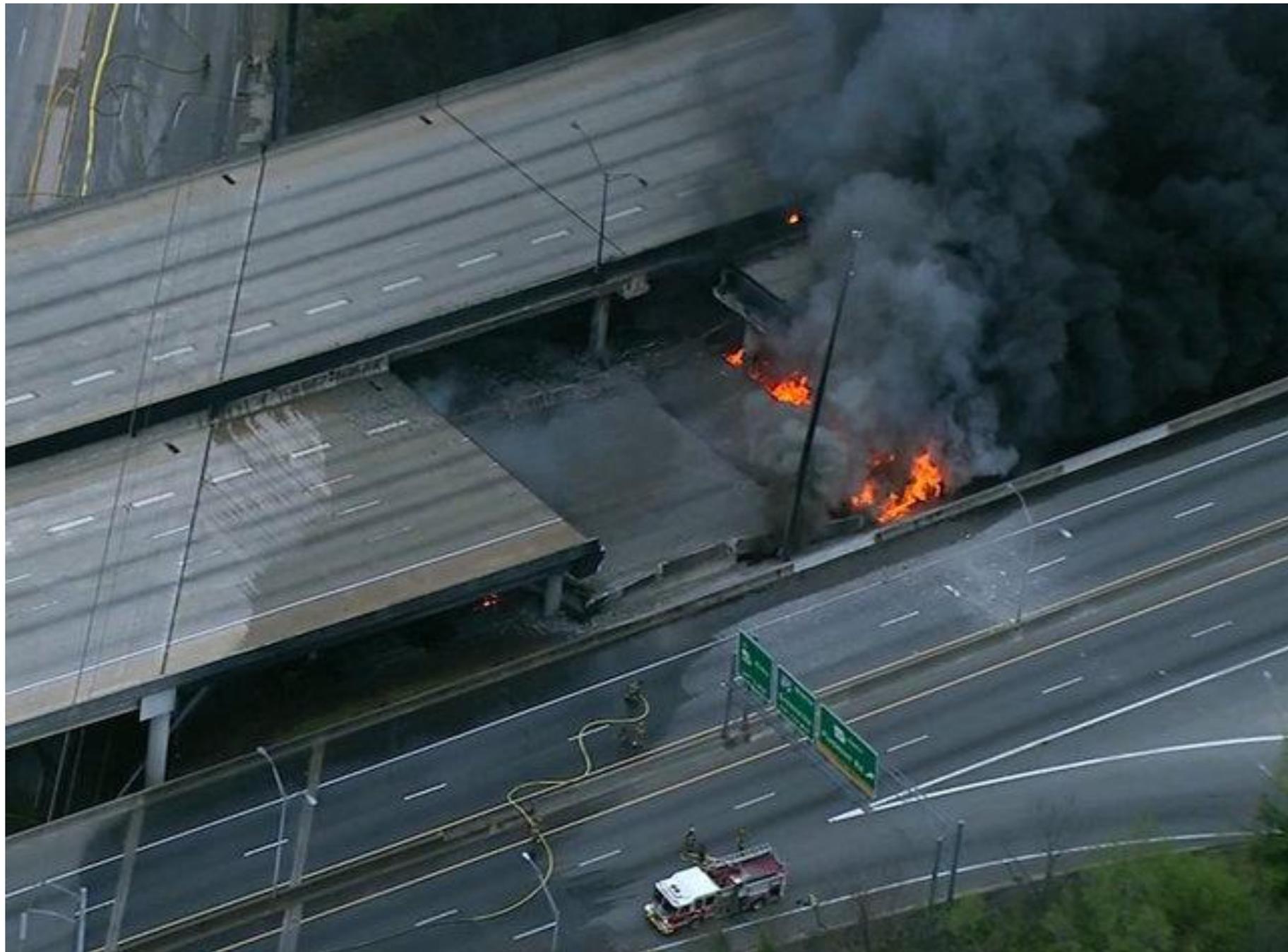
People need access to:

- Employment
- Education
- Medical Care
- Groceries



Transportation in Cities





Transportation in Cities



Transportation in Cities

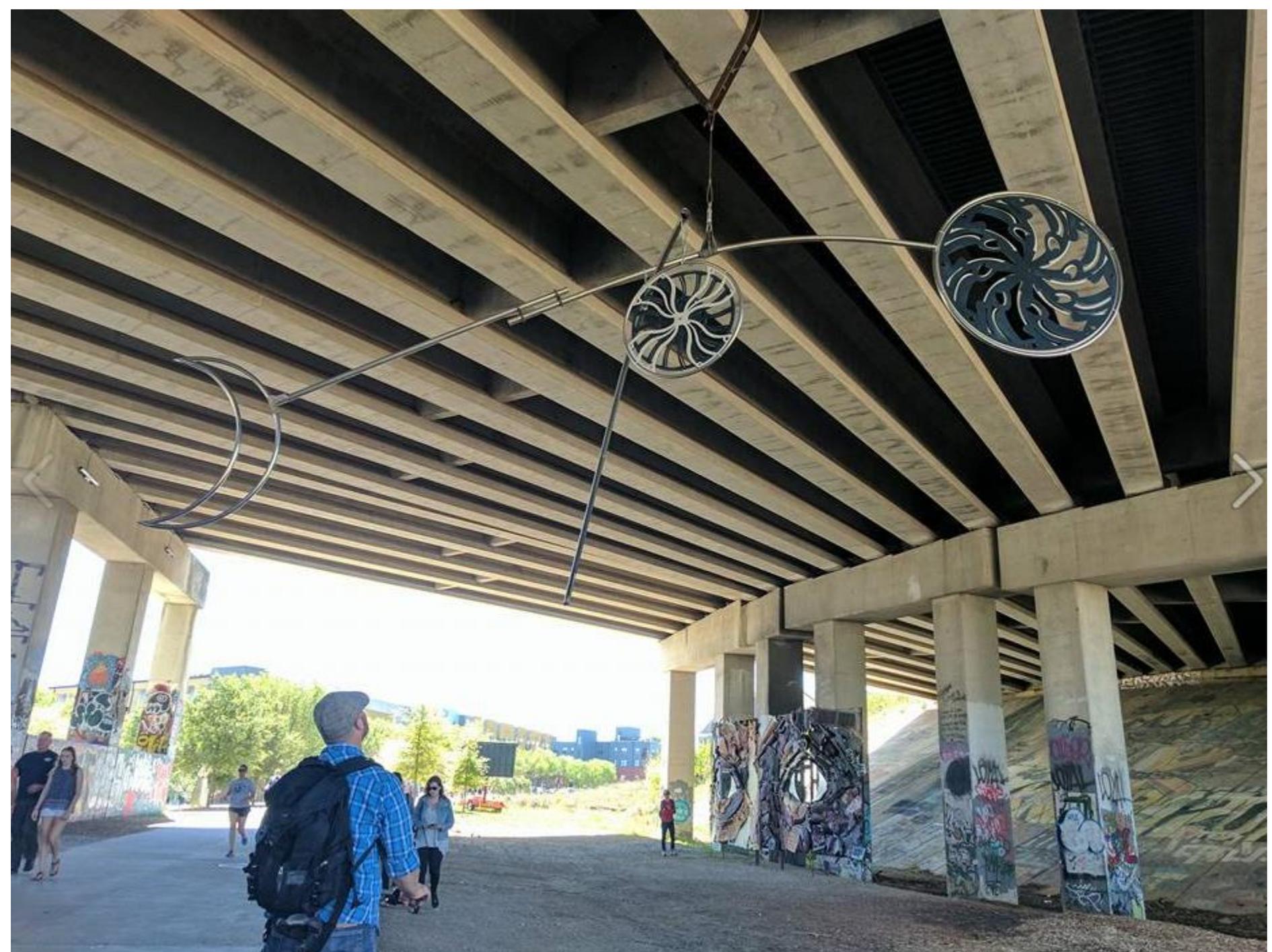
Consider these as well:

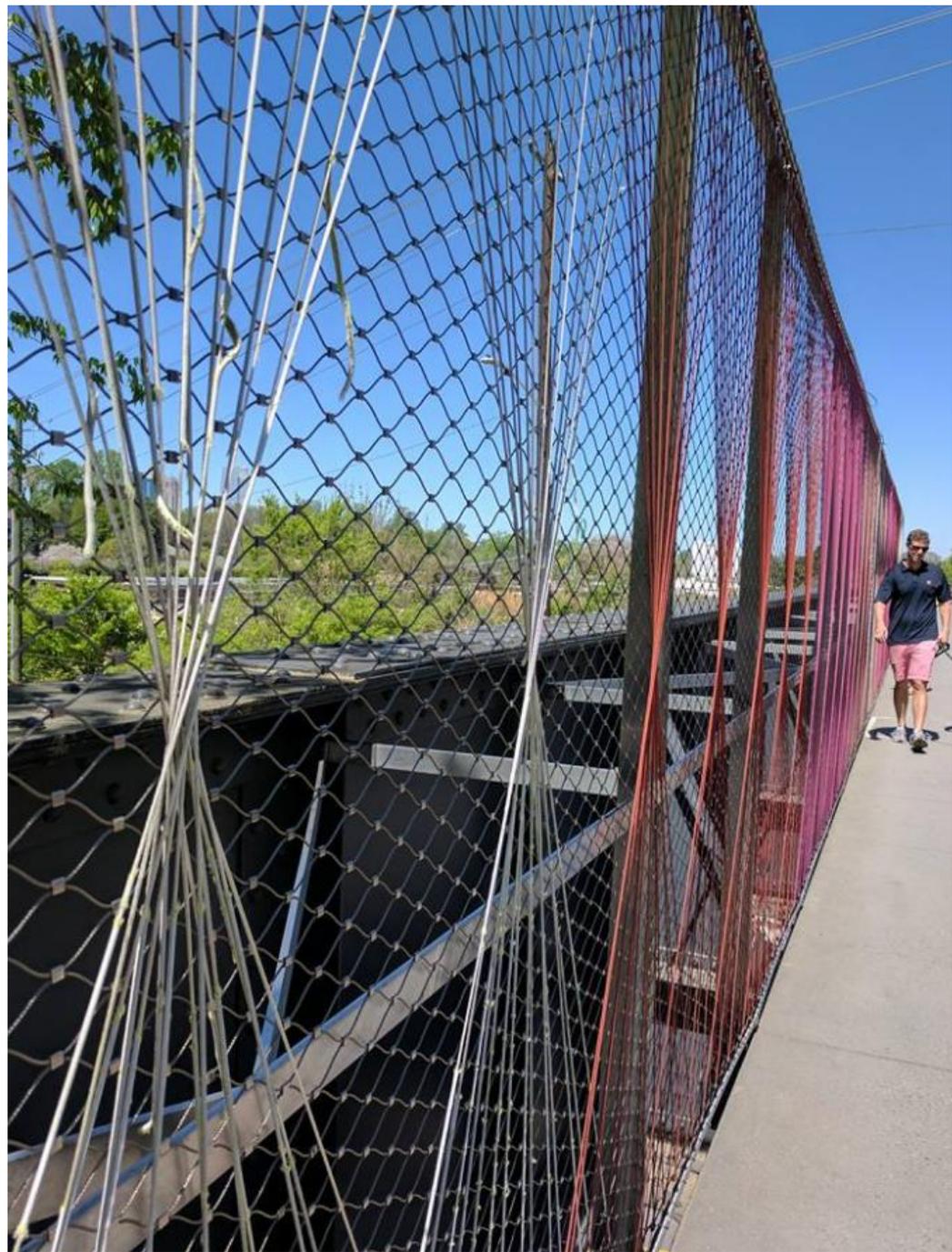
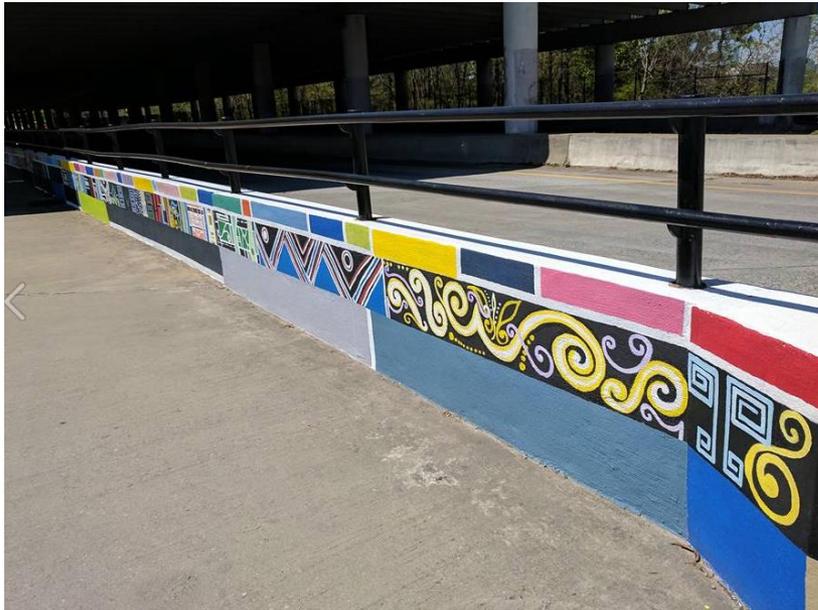
- # of People
- Level of Stress
- Property Values
- Vacancy Rates
- Aesthetics
- Function/Role













Los Tacos **NUMERO UNO** 2019 CO. USA
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LIVE MUSIC

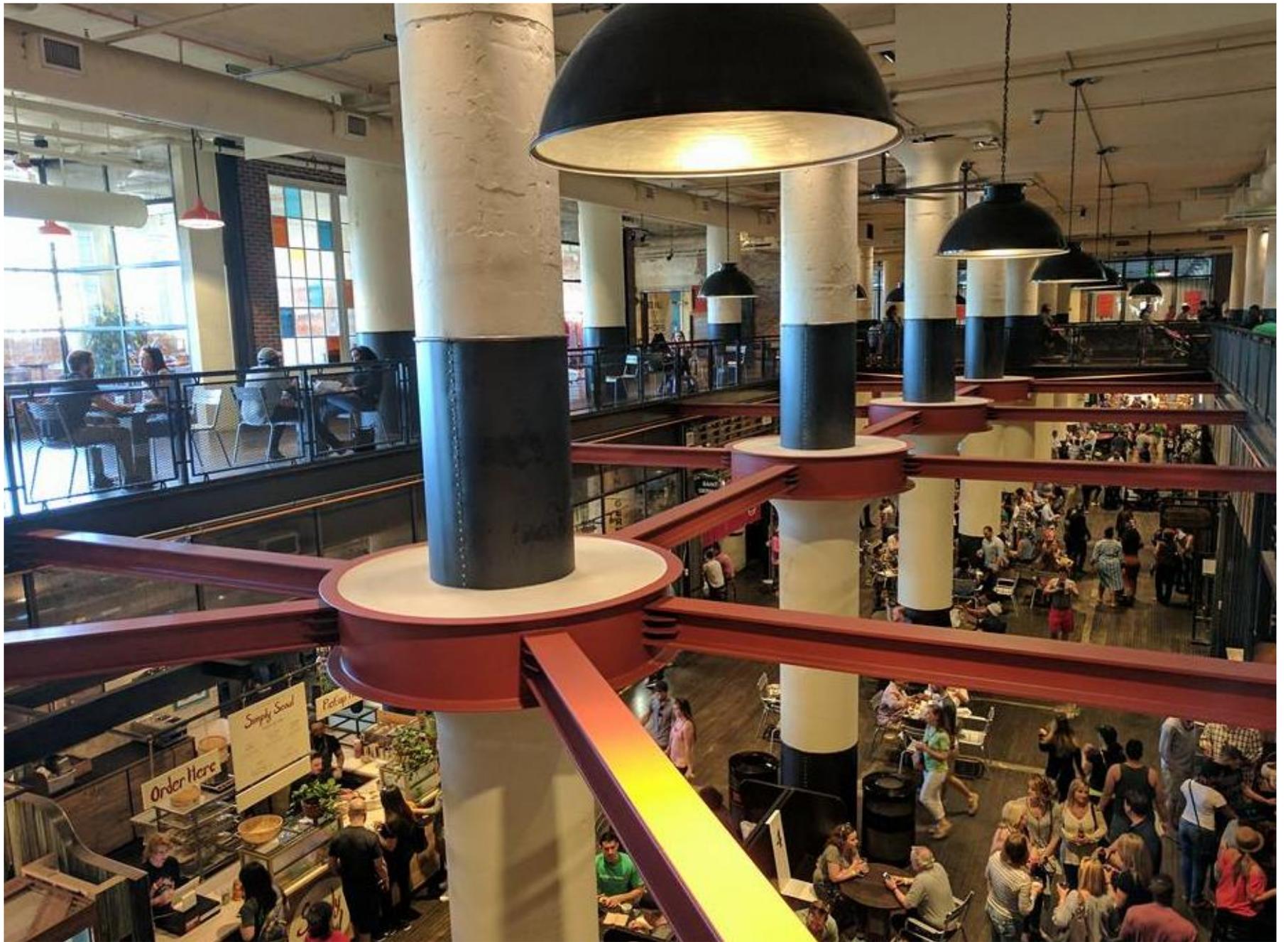
CERVEZA	PATA MANSA	STREET VEG
QUESO FONDIDO	TACOS - CARNE	VEG & GF
	VEG. BAMBALAN	

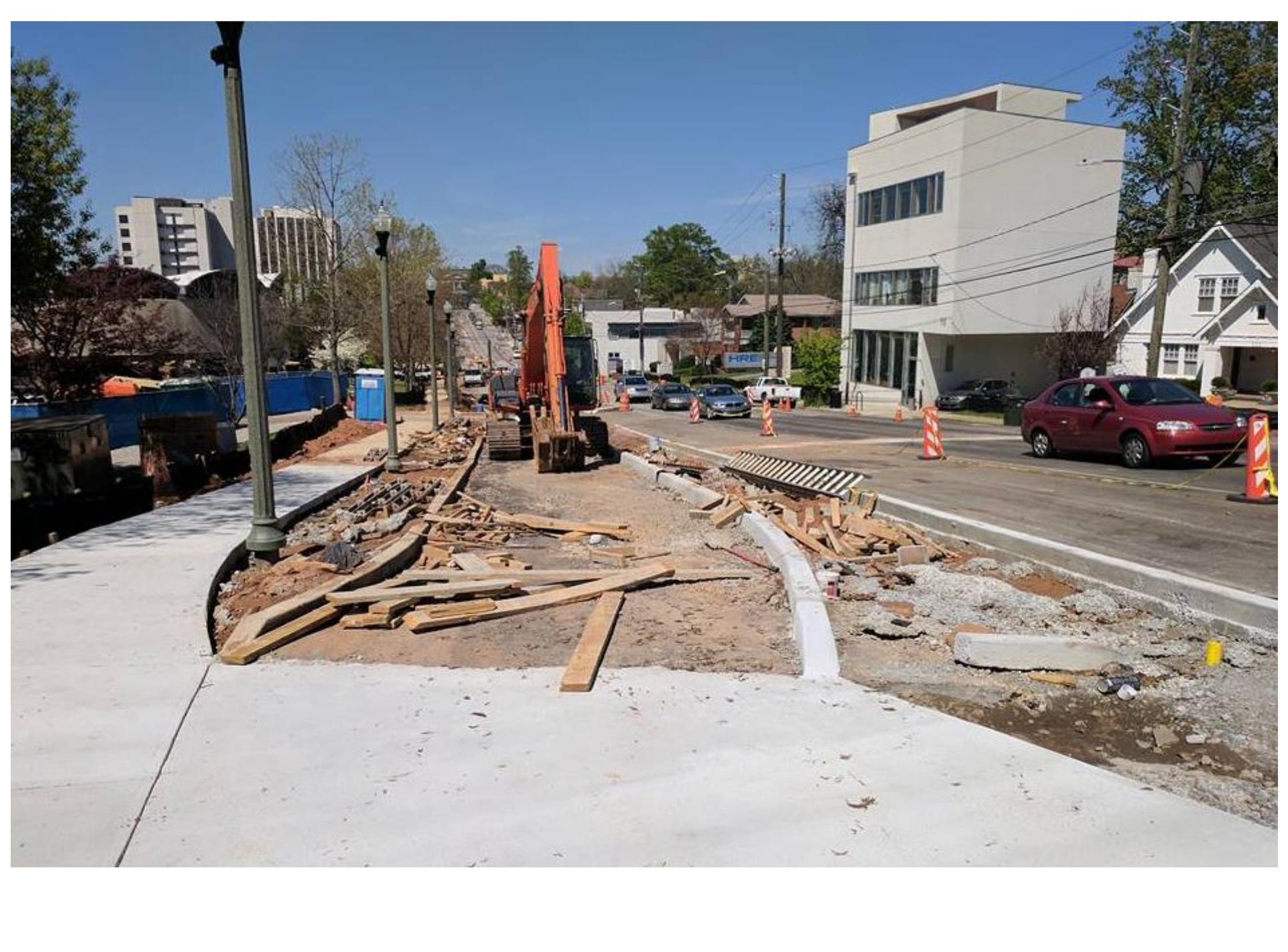
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- Understanding Walkability = multi-faceted
 - Walking Audits
 - Demonstration projects
 - Policy Recommendations (Comp Plan & Ped Plan)



Action Plan: To Increase Walking & Walkability

Integration:

- Short-Term: 2-8 weeks
- Intermediate-Term: 2-11 months
- Long-Term: 1-2 years (and beyond)



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